

MAGIC OF LANGUAGE

# The Element

Exploring your passions and talents

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# INTRODUCTION

**"Nonviolent Communication fosters empathy and understanding, transforming our interactions into ones of mutual respect and compassion."**

*Marshall B. Rosenberg*

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# INTRODUCTION

**When you explore what moves you and you start developing it, miracles happen. You will see that the passion for your craft can generate far more success than the passion for success.**

# 01.

## GETTING STARTED

- ✦ What you need for this activity: paper, pens, markers.
- ✦ Work in groups of 3 or 4.
- ✦ Be ready to reflect and share.

## 02.

# DEVELOPING YOUR ELEMENT MATTERS

- ✦ Happiness is not in your circumstances, but in the meaningful goals you achieve.
- ✦ Developing your passions and talents and trusting you will succeed takes you further than you can imagine.

# 03.

## THE ELEMENT WORKSHEET

- ✦ The worksheet has several sections: ***Projects, Hobbies, Favorite Subjects/School Activities, Initiatives, Talents, Skills***
- ✦ Each section helps you reflect on different aspects of your personal and professional development.
- ✦ Use the Guiding Questions which also focus you on how to use language.

# 04.

## KEY VOCABULARY FOR THIS ACTIVITY:

- Vocation
- Hobby
- Initiative
- Cause
- Profession
- Growth
- Interest

- Aspiration
- Skill
- Strength
- Goal
- Achievement
- Potential
- Passion

- Motivation
- Reflection
- Self-awareness
- Career
- Vision
- Self-improvement

# 05.

## FILLING OUT YOUR WORKSHEET

- ✦ Take 20 minutes to fill in each section of your worksheet.
- ✦ Think about your hobbies, school activities, projects, and what you feel you are good at.
- ✦ Think about what sparks your interest and passion.

# 06.

## IN YOUR GROUP

- ✦ On sticky notes or small pieces of paper, write 4 true things about you and one that is not.
- ✦ Take turns to share the content of all 5 notes.
- ✦ As one person shares the content of their note, the others should guess which one is not true.

# 07.

## IN THE CLASS

- ✦ A brave one share the content of their worksheet.
- ✦ In the class brainstorm how this particular mixture of interests and talents can bring about success.
- ✦ At the end, let each student write on a sticky note or a piece of paper 1 small step they will take to develop their talent or passion.



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## Get in touch:

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